

CONTENTS

Coaching Organisations – Major and District Cricket Association Addresses	1
New Zealand Cricket Contacts	3
SPARC	4
Regional Sports Trusts	4
Regional Sports Trust Addresses	5
Coaching Associations	6
Coaching Publications	7
New Zealand Cricket Coaching Pathway	8
Coach Education Course Outlines and Requirements	9
■ MILO Have-A-Go Cricket Course	9
■ MILO Kiwi Cricket Course	9
■ Getting Started in Coaching a Cricket Team Course	10
■ New Zealand Cricket Level One Course	10
■ New Zealand Cricket Level Two Course	11
■ New Zealand Cricket Level Three Course	12
Coach Education Funding Assistance	13

COACH EDUCATION INFORMATION

COACHING ORGANISATIONS

MAJOR and DISTRICT CRICKET ASSOCIATION ADDRESSES

ASSOCIATIONS	ADDRESS	TOWN/CITY	TELEPHONE	FAX
Auckland Cricket Association	Private Bag 56906	AUCKLAND	09 815 4855	09 846 4464
Northern Districts Cricket Association	P O Box 1347	HAMILTON	07 839 3783	07 839 5542
Central Districts Cricket Association	P O Box 309	NAPIER	06 835 7617	06 835 0543
Cricket Wellington	P O Box 578	WELLINGTON	04 384 3171	04 384 3498
Canterbury Cricket Association	P O Box 789	CHRISTCHURCH	03 366 3003	03 365 3073
Otago Cricket Association	P O Box 1419	DUNEDIN	03 455 4056	03 455 4250
DISTRICTS				
Northland Cricket Association	P O Box 892	WHANGAREI	09 437 2720	09 437 2720
Counties Manukau Cricket Association	P O Box 272-1091	PAPAKURA	027 290 7289	09 292 8090
Hamilton Cricket Association	P O Box 4174	HAMILTON	07 856 7438	07 856 7438
Bay of Plenty Cricket Association	P O Box 318	TAURANGA	07 571 3726	07 571 3730
Thames Valley Cricket Association	P O Box 9413	HAMILTON	07 838 0912	07 838 0913
Midlands Cricket Association	P O Box 199	TAUPO	07 378 8586	07 378 8587
Taranaki Cricket Association	P O Box 5050	NEW PLYMOUTH	06 759 0930	06 759 1779
Wanganui Cricket Association	P O Box 516	WANGANUI	06 348 1440	06 348 1442
Manawatu Cricket Association	P O Box 1530	PALMERSTON NORTH	06 357 5349	06 358 1178

Horowhenua/Kapiti Cricket Association	C/o 82 Belvedere Ave	WAIKANAЕ	06 495 0515	06 474 5130
Poverty Bay Cricket Association	P O Box 595	GISBORNE	06 867 9444	06 867 9700
Hawkes Bay Cricket Association	P O Box 355	NAPIER	06 834 0747	06 834 0747
Southern Hawkes Bay Cricket Association	14 Fraser Collin Crescent	DANNEVIRKE	06 374 8649	06 374 8641
Wairarapa Cricket Association	P O Box 287	MASTERTON	06 379 8124	06 379 7631
Marlborough Cricket Association	P O Box 667	BLENHEIM	03 577 9050	03 577 9051
Nelson Cricket Association	P O Box 593	NELSON	03 548 2204	03 548 2204
Buller Cricket Association	P O Box 245	WESTPORT	03 789 7259	03 789 8798
West Coast Cricket Association	P O Box 334	GREYMOUTH	03 768 6555	03 768 6555
Canterbury Country Cricket Association	20 Douglas Street	RANGIORA	03 313 5557	03 313 3442
Mid Canterbury Cricket Association	P O Box 105	ASHBURTON	03 302 6777	03 302 6717
South Canterbury Cricket Association	P O Box 335	TIMARU	03 686 3377	03 686 3378
North Otago Cricket Association	P O Box 374	OAMARU	03 439 4466	03 439 4466
Central Otago Cricket Association	P O Box 74	ALEXANDRA	027 208 3156	03 448 9531
Southland Cricket Association	P O Box 844	INVERCARGILL	03 218 9608	03 218 9609

NEW ZEALAND CRICKET CONTACTS

National Development Manager

Alec Astle
New Zealand Cricket
PO Box 958
Christchurch
Tel: 03 364 7186
Mobile: 021 888 281
Fax: 03 365 7491
E-mail: aastle@nzcricket.org.nz

National Coaching & Development Associate

Mark Lane
New Zealand Cricket
PO Box 958
Christchurch
Tel: 03 364 7612
Mobile: 021 352 512
Fax: 03 365 7491
E-mail: mlane@nzcricket.org.nz

High Performance Centre Coach

Gary Stead
New Zealand Cricket
PO Box 180
Lincoln University
Christchurch
Tel: 03 325 3774
Mobile: 021 190 1938
Fax: 03 325 6075
E-mail: gstead@nzcricket.org.nz

SPARC

SPARC's [formerly the Hillary Commission] 'Coaching New Zealand' is a national organisation that develops courses and resources for the education of coaches at all levels. This includes an introductory course ['Getting Started in Coaching'] through to more advanced coaching courses.

For further information on the 'Getting Started in Coaching' course go to the SPARC website [www.sparc.org.nz], click on 'Publications', then scroll down and click on 'Coaching' which lists resources on 'The Role of the Coach' and 'Planning' which are the contents of the 'Getting Started in Coaching' booklet

REGIONAL SPORTS TRUSTS

Seventeen Regional Sports Trusts promote sport in New Zealand [see address list below]. They are responsible for providing coach education and training opportunities. They work closely with SPARC, Local authorities, sporting organisations, schools and clubs. Two of the key personnel in the RSTs to liaise with are the **KIWI SPORT COORDINATOR** [responsible for KiwiSport in primary schools] and the **REGIONAL SPORTS DIRECTOR** [responsible for SportFit programmes in secondary schools].

REGIONAL SPORTS TRUST ADDRESSES

SPORTS TRUSTS	ADDRESS	TOWN/CITY	TELEPHONE	FAX
Sport Northland	P O Box 1492	Whangarei	09 430 3470	09 430 3479
Sport North Harbour	PO Box 300-633	Albany, Auckland	09 415 4610	09 415 4594
Sport Auckland	P O Box 56 199	Eden Park, Auckland	09 815 4710	09 815 4720
Sport Waitakere	P O Box 21 241	Waitakere City, Auckland	09 836 6635	09 837 4699
Sport Counties Manakau	P O Box 88 130	Clendon, Auckland	09 269 0066	09 266 2309
Sport Waikato	P O Box 46	Hamilton	07 838 2657	07 838 2655
Sport Bay of Plenty	P O Box 13355	Tauranga	07 578 0016	07 571 8463
Sport Gisborne	P O Box 1391	Gisborne	06 868 9943	06 868 9954
Sport Taranaki	P O Box 5049	New Plymouth	06 759 0930	06 759 1779
Sport Hawkes Bay	P O Box 984	Taradale, Napier	06 845 9333	06 845 3983
Sport Wanganui	P O Box 516	Wanganui	06 348 1440	06 348 1442
Sport Manawatu	P O Box 797	Palmerston North	06 357 5349	06 358 1178
Sport Wellington	P O Box 24148	Manners Street, Wellington	04 920 4200	04 920 4220
Sport Tasman	P O Box 1302	Nelson	03 546 7910	03 546 3300
Sport Canterbury/ West Coast	P O Box 2606	Christchurch	03 377 0962	03 377 1742
Sport Otago	P O Box 969	Dunedin	03 474 6350	03 474 6352
Sport Southland	P O Box 224	Invercargill	03 214 7150	03 214 3052

COACHING ASSOCIATIONS

◆ COACHING NEW ZEALAND

CONTACT: SPARC
P O Box 2251
Wellington

Tel: [04] 472 8058
Fax: [04] 471 0813
Website: www.sparc.org.nz

COST: \$33-75

BENEFITS:

- 'The New Zealand Coach' – a quarterly journal on coaches and coaching
- Opportunity to attend the Coaching New Zealand coaching conferences

◆ NEW ZEALAND CRICKET COACHES ASSOCIATION

CONTACT: New Zealand Cricket
High Performance Centre
P O Box 180
Lincoln University
Canterbury

Tel: [03] 325 3770
Fax: [03] 325 6075

COST: \$30

BENEFITS:

- New Zealand Cricket 'Coaches Association Newsletter', three copies per year which include information on upcoming cricket events, coaches and coaching
- The opportunity to attend the annual New Zealand Cricket Coaches Conference
- The chance to directly contribute to newsletters and the conference
- A free ticket upon application to the High Performance Centre to either a one-day international match or a selected day of a test match

[See Appendix 1: New Zealand Cricket Coaches Association Subscription Form]

COACHING PUBLICATIONS

◆ COACHING NEW ZEALAND

PUBLICATION: **'The New Zealand Coach'** – a quarterly journal on coaches and coaching

COST: \$33-75

◆ NEW ZEALAND CRICKET COACHES ASSOCIATION

PUBLICATION: **New Zealand Cricket 'Coaches Association Newsletter'** - three copies per year which include information on upcoming cricket events, coaches and coaching

COST: \$30

◆ AUSTRALIAN COACHING COUNCIL

PUBLICATION: **'The Sport Educator'** - three issues per year includes coaching, courses and upcoming events

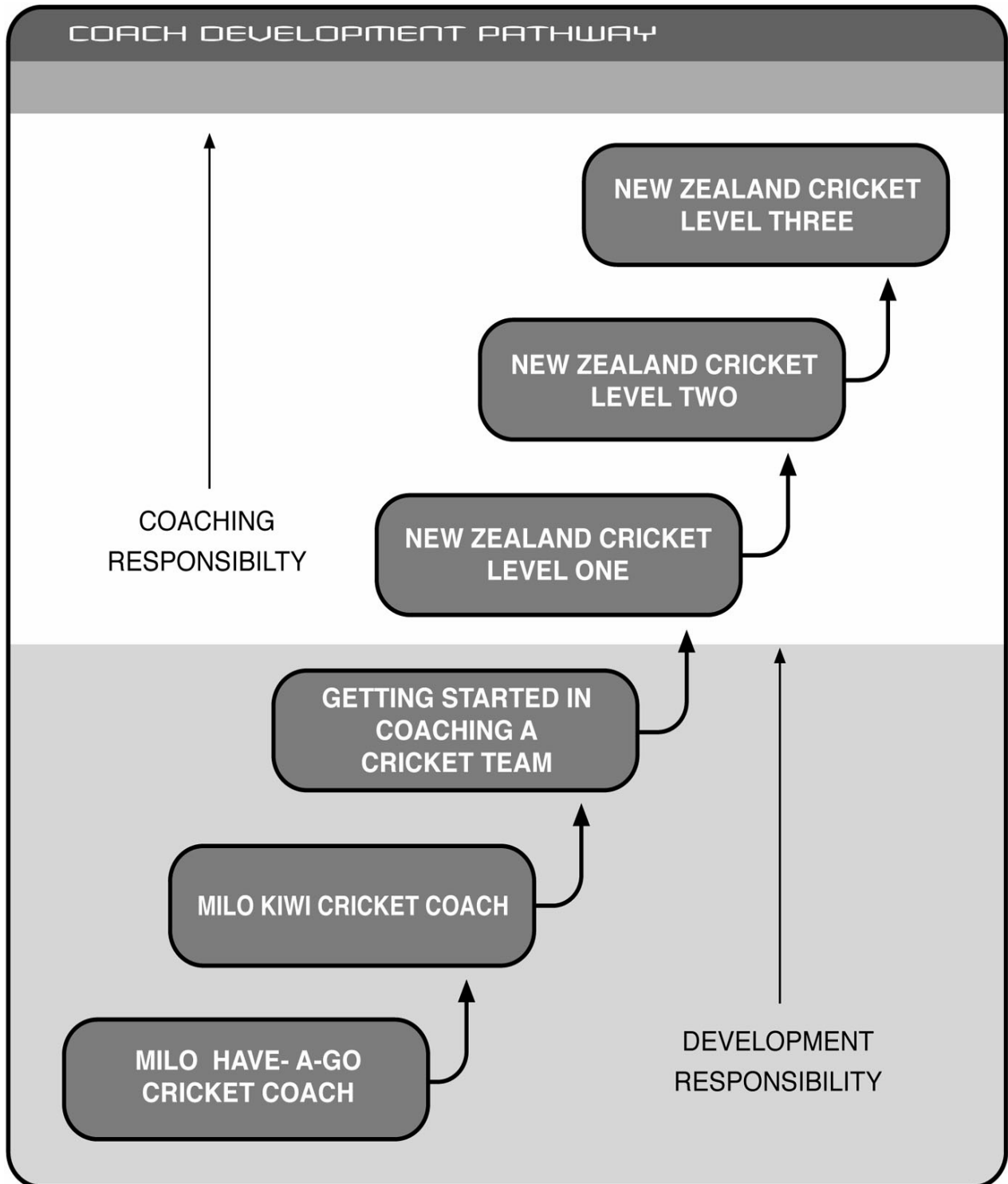
COST: \$AUD35

CONTACT: **The Sport Educator
Australian Coaching Council
PO Box 176
Belconnen
ACT 2616
AUSTRALIA**

Tel: [0064] 2 6214 1550

Fax: [0064] 2 6214 1200

NEW ZEALAND CRICKET COACHING PATHWAY



COACH EDUCATION COURSE OUTLINES

MILO HAVE-A-GO CRICKET COURSE

DURATION: 2 hours

FEATURES:

- New Zealand Cricket course conducted by the Major Cricket Association cricket development officers
- This course is provided for the beginner coach. A parent, teacher or volunteer involved in organising and running a MILO Have-A-Go Cricket programme in a school or club.
- Non examinable

CONTENT:

- It deals with the role of the coach, programme organisation, guidelines for coaching children, teaching the basics of batting, bowling and fielding, and the structure and running of a MILO Have-A-Go Cricket session including warm ups, skills drills, modified games and warm downs



MILO KIWI CRICKET COURSE

DURATION: 2 hours

FEATURES:

- New Zealand Cricket course conducted by the Major Cricket Association cricket development officers
- This course is provided for the parent, teacher or volunteer involved with the organising and coaching of primary school students playing MILO Kiwi Cricket for a school or club
- Non examinable

CONTENT:

- It concentrates on the role of the coach, guidelines for coaching children, teaching the basics of batting, bowling and fielding, the structure and running of a MILO Kiwi Cricket practice session including warm ups, skills drills and warm downs, and the organisation and running of a game of MILO Kiwi Cricket including requirements, rules, umpiring and scoring

GETTING STARTED IN COACHING A CRICKET TEAM COURSE

DURATION: 4 - 6 hours

FEATURES:

- New Zealand Cricket/Coaching New Zealand course conducted by the Major Cricket Association cricket development officers
- This course is intended for a coach, parent, teacher or volunteer involved with organising and coaching primary, intermediate or secondary students playing junior or youth cricket for their school or a club. It deals mainly with how and what to coach a team playing the conventional 11-a-side game
- Non examinable

CONTENT:

- It focuses on the role of the coach, planning, communication and safety, the structure and running of a team practice session, teaching the essential batting, bowling, wicket keeping and fielding cricket skills and the appropriate drills to develop these, and the organisation and running of a cricket match including requirements, rules, umpiring and scoring

NEW ZEALAND CRICKET LEVEL ONE COURSE

DURATION: 12 hours

FEATURES:

- New Zealand Cricket/Coaching New Zealand course conducted by cricket coaching personnel approved by New Zealand Cricket
- This course combines practical sessions and personal study and is intended for those coaches of 11 a-side teams who have some knowledge and/or playing experience of cricket
- Examinable

CONTENT:

- It focuses on:
 - Coaching the execution of the main cricket skills of batting, bowling, wicket keeping and fielding through the principles of biomechanics
 - Planning a match day
 - Planning an effective practice session
 - Demonstrating an understanding of:
 - The laws of cricket
 - Game tactics
 - Effective team coaching
 - The basic principles of safety and injury prevention

QUALIFYING REQUIREMENTS:

- Before being certified as a Level One Coach a coach must:
 - Complete a minimum of 50 hours coaching after sitting and passing the Level One cricket coaching course examination

NEW ZEALAND CRICKET LEVEL TWO COURSE

DURATION: 25 hours

FEATURES:

- New Zealand Cricket/Coaching New Zealand course conducted by cricket coaching personnel approved by New Zealand Cricket
- This course is intended for serious coaches of 11 aside teams who have an active coaching record and a commitment to coaching
- Examinable

CONTENT:

- It concentrates on:
 - Understanding the biomechanical principles in the execution of the main cricket skills of batting, bowling, wicket keeping and fielding
 - Using biomechanical understanding as a basis for skill analysis [identification and improvement of technical skills displayed by batsmen and bowlers]
 - Planning a season's programme
 - Planning, implementing and evaluating a practice session
 - Demonstrating an understanding of:
 - Developing a game plan
 - Captaincy and match tactics
 - Team dynamics
 - The coaching process
 - Different types of competition structures and rules
 - Safety, injury prevention and rehabilitation

QUALIFYING REQUIREMENTS:

- Before being certified as a Level Two Coach a coach must:
 - Complete a minimum of 100 hours coaching after sitting and passing the Level Two cricket coaching course examination
 - Complete a Coaching New Zealand Level One course
 - Assist in running or tutoring at a Level One cricket coaching course



NEW ZEALAND CRICKET LEVEL THREE COURSE

DURATION: 40-50 hours together with a similar amount of time devoted to theory and practical instruction outside attendance at the course [Invitation only entry – selected by the National Director of Coaching Development from association nominations]

FEATURES:

- New Zealand Cricket/Coaching New Zealand course conducted by the New Zealand Cricket coaching personnel
- This course is intended for elite coaches who have a considerable period of successful coaching experience and a commitment to coaching at the highest level
- Examinable

CONTENT:

- It concentrates on:
 - Consolidating knowledge and understanding of the execution of the main cricket skills of batting, bowling, wicket keeping and fielding
 - Demonstrating an understanding of:
 - Sports law and contracts
 - Match simulation
 - Different playing styles
 - Team cohesion and effective group functioning
 - How players learn, make changes and improve skills
 - How technology can assist game analysis
 - Demonstrating skills necessary:
 - For effective player management
 - To recognise different game patterns
 - To use sport science to enhance performance

QUALIFYING REQUIREMENTS:

- A Level Two Coach to be considered to sit a Level Three cricket coaching course must have coached a minimum of 150 hours after receiving their Level Two certification and completed a Coaching New Zealand Level Two course
- Before being certified as a Level Three Coach a coach must:
 - Have had an in-the-field assessment of their coaching completed by the National Director of Coaching Development

**PREREQUISITES FOR ALL NEW ZEALAND CRICKET COACHES
LEVELS 2-3**

To ensure their coaching qualifications remain valid coaches are subject to updating every FOUR years through:

A. UPDATING THEIR KNOWLEDGE AND UNDERSTANDING OF THE COACHING PROCESS AND TECHNIQUES by:

- Being a member of the New Zealand Cricket Coaches' Association
- Attendance at New Zealand Cricket Coaches' Association Annual Conference
- Attendance at and/or presentation at an appropriate level coaching or refresher course

B. BE ACTIVELY INVOLVED IN COACHING by:

- Coaching individuals and/or a team
- Being approved as a major association satellite coach
- Being invited to coach at the High Performance Centre
- Being invited to assist coaching at the High Performance Centre
- Working with a mentor coach
- Being involved as a team coach in association, national or international competitions

COACH EDUCATION FUNDING ASSISTANCE



- See the separate Club Assist resource booklet on '**FUNDING**' for the contact details of the gaming societies, many of whom will assist with funding to support coaching and coach education programmes, especially if they are aimed at maintaining or growing the number of children or young people playing the game.

ACKNOWLEDGEMENT

This School Support and Club Assist resource booklet was written and compiled by Alec Astle, National Development Manager,
New Zealand Cricket

APPENDIX 1: NEW ZEALAND CRICKET COACHES ASSOCIATION SUBSCRIPTION FORM


You are invited to join the
New Zealand
Cricket Coaches Association

NEW ZEALAND CRICKET


Introduction

Are you a parent, supporter, player or accredited coach interested in coaching cricket and learning more about coaching issues. New Zealand Cricket believes that an interest, attending a coaching course or passing a coaching certificated course is only the beginning. Cricket coaching is dynamic and changing.



As the knowledge base increases and the game changes in terms of formats, tactics and techniques, so coaches need to be kept up to date.

Coaches require information, news and constant re-education. Issues such as new practice drills, sports science information, safety issues etc, have become crucial elements for the modern coach.



The New Zealand Cricket Coaches Association is the perfect vehicle for you to stay informed and in touch.
Join the most exciting recent wave in New Zealand Cricket – The New Zealand Cricket Coaches Association.

What is the Cricket Coaches Association?

The New Zealand Cricket Coaches Association is for Cricket Coaches or enthusiasts. Membership is by subscription only.

Why?


The NZ Cricket Coaches Association helps to unite, educate, inform and update Cricket Coaches, at all levels throughout New Zealand.

Who?

All Cricket Coaches are invited to subscribe regardless of age, gender and playing background.

What Academic/Coaching Qualifications are Required?

None. The only criteria is a genuine interest and love for cricket coaching.



What do Members Receive?

- Most importantly a 'heap' of information about cricket coaching
- Opportunity to directly contribute to newsletters and conferences
- Opportunity to attend the Annual New Zealand Cricket Coaches Conferences
- Details of upcoming events for coaches own personal development
- Regular coaching newsletters
- A season pass to all first class cricket
- A ticket to an international match


Subscription

Subscription is \$30. Please complete the enclosed details and enclose your cheque/money order to become a member of the New Zealand Cricket Coaches Association.

Name: _____

Address: _____

Phone/Fax/e-mail: _____



**New Zealand Cricket Coaches Association
New Zealand Cricket High Performance Centre
P.O. Box 180
Lincoln University
Canterbury**